

## CHEST GUARD SIZING GUIDE

	YOUTH			ADULT		
SHIRT SIZE	YS Recommended for ages 7-8	YM Recommended for ages 10-12	YL Recommended for ages 14-16	S	M	L
CHEST SIZE MEASUREMENT	25-27 INCHES	28-30 INCHES	31-33 INCHES	34-36 INCHES	37-40 INCHES	41-44 INCHES

## FIND YOUR SIZE

## FOR BEST FIT, EVOSHIELD RECOMMENDS USING CHEST MEASUREMENTS TO DETERMINE PROPER SIZE.

If measurements fall between two sizes, select the smaller size to ensure a comfortably snug fit.

## **HOW TO MEASURE**

Place tape measure under your arms at the fullest part of your chest while in a neutral breathing position.

Wrap the tape measure around your body until your fingers meet and mark the measurement.