



How to Set up Height Levels: Choose your Height Level:

- * **Height Level 1**-The top of the top batting tee should be even with the letters across the chest. The Hitter should level out his/her swing on this pitch.
 - * **Height Level 2**-The top of the bottom-batting tee should be slightly above the knees. The hitter should have an upward swing on this pitch.
 - * **Height Level 3**- Use the Height Adjustment to raise the bottom-batting tee even with the middle thigh. The hitter should have a slight upward swing on this pitch.
 - * **Height Level 4**- Use the Height Adjustment to raise the bottom-batting tee even with the waist. The hitter should have a level or slightly upward swing on this pitch.
- Warnings for new Instructo Swing**
- Never swing bat through the instucto swing when others are close to or in front of the device.
 - When using retract-a-ball indoors, use in an enclosed area with no breakables or others in front of deivce.
 - Do not use retact-a-ball if you notice any cracks or tears in the tube/stem.
 - Retract-a-ball is made for personal use and not for institutional use.
 - Before every use make sure all bolts, knobs, screws, etc. are tight and if using retract-a-ball make sure it is properly secured and in good working condition.

Manufacturer’s 60 Day Limited Warranty:

GameMaster will for sixty days from the date of purchase, repair or replace at its discretion, any part which may prove to be defective in materials or workmanship. Please note, commercial use of the Ultra Instructo Swing Batting Tee will void the warranty coverage. This warranty does not cover damage resulting from mishandling in transit, acts of nature, customer made alterations, vandalism, misuse, abuse, lack of reasonable care and normal wear on items, such as those having finished or painted surfaces. Any replacement product may be either new or like new, provided that it has function-ability at least equal to that of the product being replaced. To obtain service under this warranty, contact our customer service department, at the address listed below for authorization to return for service. All shipping cost to return the product for repairs and the return of the repaired product are the responsibility of the purchaser. C.O.D. SHIPPMENTS WILL NOT BE ACCEPTED.

No implied warranty shall extend beyond sixty days from the date of purchase. The liability of GameMaster under this warranty shall be limited to the repair or replacement of defective parts within sixty days of the date of purchase. GameMaster shall not be liable for any incidental or consequential damages. Some states do not allow limitations on how long an implied warranty lasts or the exclusions of limitations of incidental or consequential damages; so the above limitations or exclusions may not apply to you. This warranty gives you specific rights, and you may also have other rights, which vary from state-to-state and country –to-country.

Any Questions or Comments about your Louisville Slugger™ Ultra Instructo Swing Batting Tee, Please contact us at...



Visit our website at: www.sluggerUPM.com

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INSTRUCTOSWING BATTING TEE

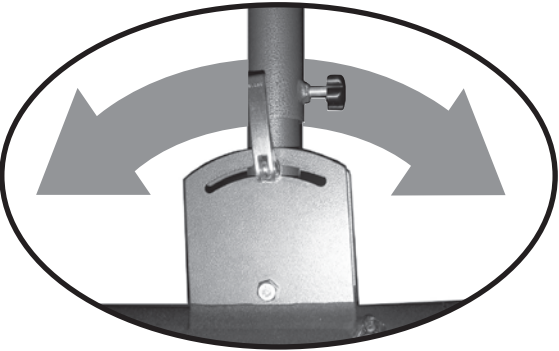
Choose your Angle!

How to use the Angle Adjustment Feature

Pitch above the waist with a level, or slight down swing:

From the waist up, set the angle of the swing path to a level, or slightly down fixed position. Next, tighten down the Quick Release Lever to secure the swing path before use. The pitch above the waist with a level, or slightly down swing produces these results:

- * More line drives
- * Large impact zone
- * Reduced pop ups
- * Sharper hit ground balls
- * Correct swing angle
- between 6-12 degrees



Pitch below the waist with a level, or slightly upward swing:

From the waist down, set the angle of the swing path to a level, or slightly upward fixed position. Next tighten down the Quick Release Lever to secure the swing path before use. The pitch below the waist with a level, or slightly upward swing produces these results:

- * Largest impact zone
- * Create backspin for fly balls
- * Top spin on ground balls
- * Increased bat speed
- * More line drives
- * Correct swing angle between 10-12 degrees

Angle Adjustment Feature

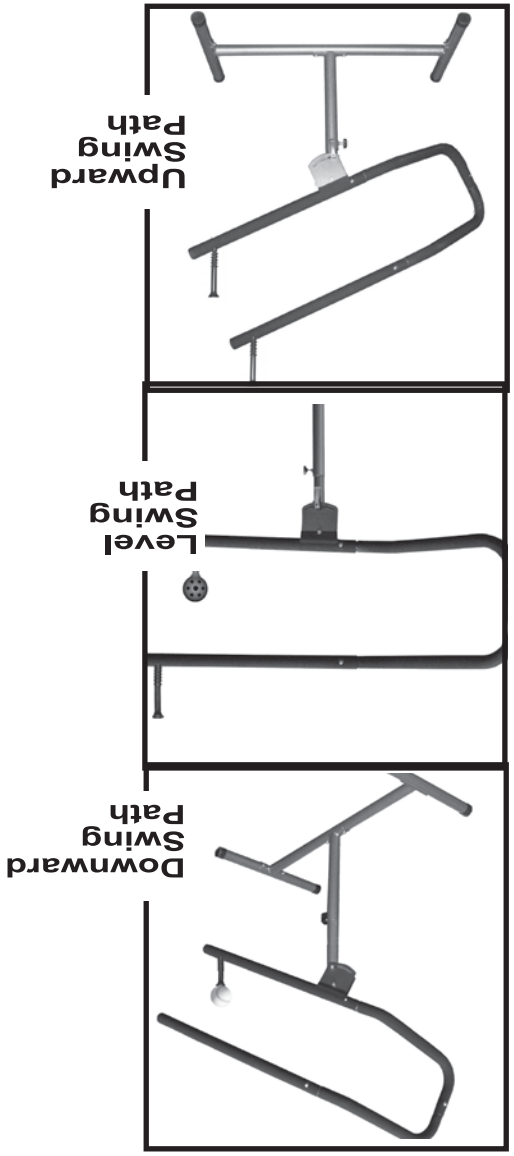
Holes 1, 2, and 3 are used in the straightaway drill.

Hole 1 is for the downward swing path position

Hole 2 is for the level, or slightly upward swing path positions.

Hole 3 is for the upward swing path position. This swing path angle is for the hitter that is focusing on developing the type of swing that produces fly balls that could produce homeruns.

Holes 2 or 3 are to be used for the opposite field / pull field drills.



Downward Swing Path

Level Swing Path

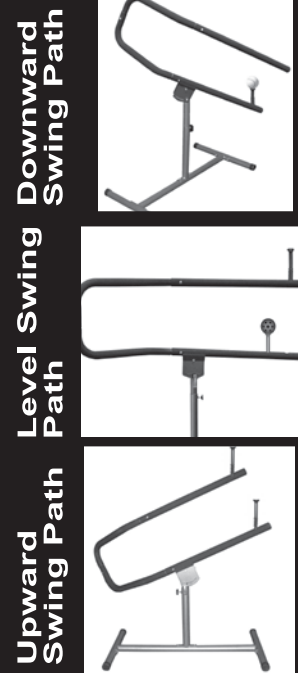
Upward Swing Path

Good Habit Bar

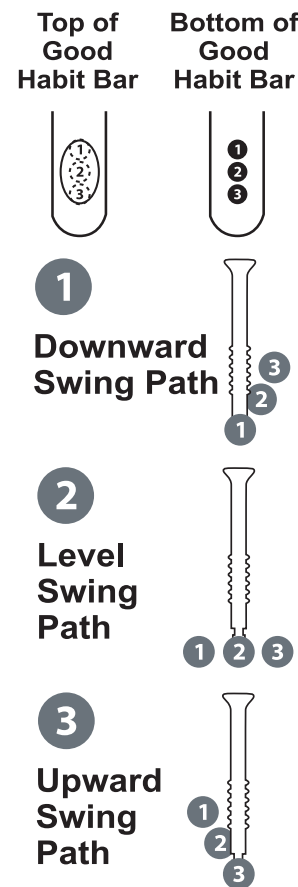
Top of Good Habit Bar

Bottom of Good Habit Bar

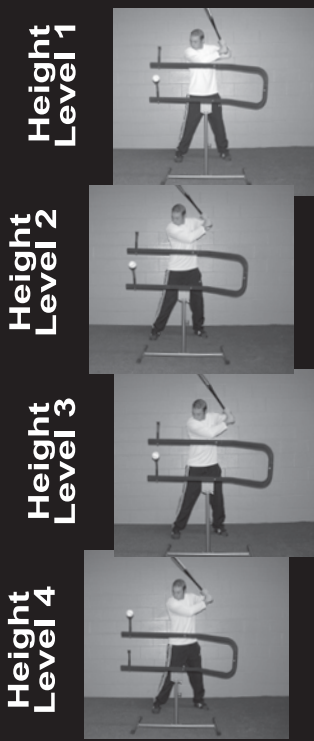
Choose your Angle!



Set Your Tee!



Adjust your Height!



Muscle Memory Drills 1-3

These drills will help train your muscles to remember the correct mechanics of the swing. No balls are to be used with tees on the MUSCLE MEMORY DRILLS. There are three Muscle Memory Drills: straightaway, pull field and opposite field. You will need to use the Ultra Instructo Swing Batting Tee at four different height levels for best results. Do this by loosening the height adjustment screw. Always re-tighten screw before use.

Drill 1: Straightaway Drill

Step 1: Position the Ultra Instructo Swing Batting Tee at height level 1-2.

Step 2: Take the proper stance:

1. Rotate your back foot, shoulders and hips.
2. Set up the barrel of the bat at the contact area slightly above the batting tee without extending arms away from the body. The barrel should be even with the hands. Also, the hands should be set up at contact in the palm up / palm down position.

Step 3: Take ten swings at each height level:

1. Start with the top tee and take ten swings at each of the height levels.
2. All swings should be performed slightly above the batting tee holder.
3. Remember, no balls are to be used on the MUSCLE MEMORY DRILLS.

Key Points to remember:

- * Get into a comfortable stance.
- * Knees slightly bent.
- * Rotate hips, knees, back foot and shoulders in unison.
- * The path of the hands stays circular throughout the swing.
- * Stay connected throughout swing.
- * Head and eyes remain focused on the contact area.

Swing Keys:

- 1 Knees, hips, back foot, and shoulders all rotate in unison. One does not lead the other.
- 2 Get barrel into the hitting zone early for larger hitting zone.
- 3 Palm up / palm down at contact.
- 5 Keep the bat out of the palms when gripping the bat.
- 6 Try not to make contact with the "Good Habit Bars."

Drill 2: PULL FIELD DRILL

This drill will help a hitter develop the proper approach and swing mechanics to hit the inside pitch to the proper field. Always make sure that the Ultra Instructo Swing Batting Tee is set up correctly for right handed / left handed hitters before use.

Step 1: Position the Ultra Instructo Swing Batting Tee at Height Level 1-2:

1. Loosen the height adjustment screw and rotate the swing path towards the hitter so the batting tee is now set up for an inside pitch. Next, tighten the height adjustment screw so the swing path is secure and ready for use.

2. Use the angle adjustment feature to set the type of swing path angle that the hitter wants to develop. Then, tighten the Quick Release Lever to set and secure for use.

Step 2: Take the PROPER STANCE:

1. Rotate your back foot, shoulder, knees and hips.
2. Set up the barrel of the bat at the contact area slightly above the batting tee without extending arms away from the body to stay connected.
3. Palm up / palm down set up at contact.
4. Head and eyes focused at the contact area.
5. Make sure the back elbow is slotted against the side of the body at contact.

Step 3: Take ten swings at each height level:

1. Start with the top tee and take ten swings at each of the height levels.
2. All swings should be performed slightly above the batting tee holders.
3. Remember no balls are to be used on the MUSCLE MEMORY DRILLS.

Key Points to remember:

- * Get into a comfortable stance.
- * Palm up / Palm down at contact.
- * Proper rotation with the knees, hips, and shoulders all rotating in unison.
- * Get the barrel in to the hitting zone early.
- * The path of the hands stays circular throughout the swing.
- * Stay connected throughout swing.
- * Swing nice and easy!
- * Try not to make contact with the "Good Habit Bars".
- * Always use different height levels for best results.

Drill 3: Opposite Field Drill

This drill will help a hitter develop the proper approach and swing mechanics to hit the outside pitch to the proper field. Always make sure that the Ultra Instructo Swing Batting Tee is set up correctly got tight / left handed hitters before use.

Step 1: Position Ultra Instructo Swing Batting Tee at height level 1-2:

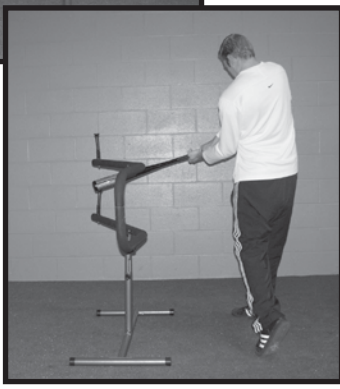
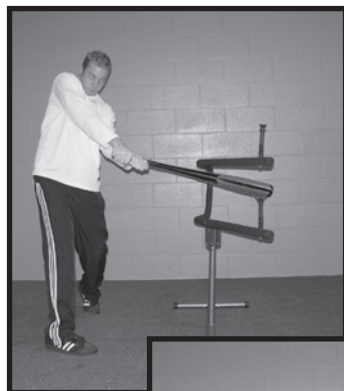
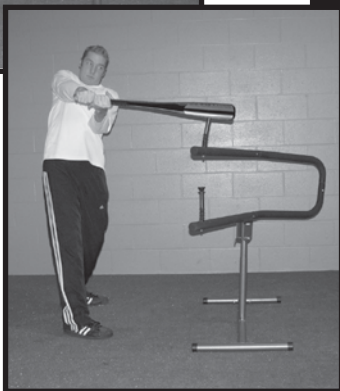
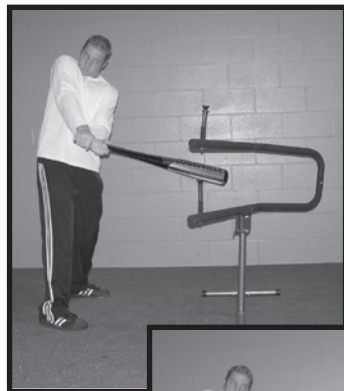
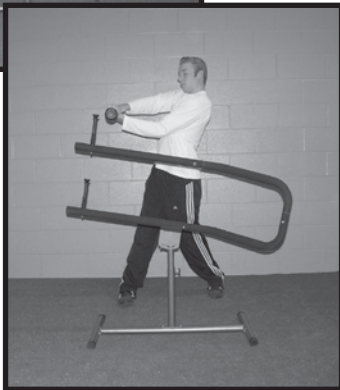
1. Loosen the height adjustment screw and rotate the swing path slightly away from the hitter so the batting tee is now setup for an outside pitch. Next, tighten the height adjustment screw so the swing path is secure and ready for use.
2. Use the angle adjustment feature to set the type of swing path angle that the hitter wants to develop. The best type of swing path angles for this pitch would be slightly down, level, or slightly up. The larger upward swing angle is not recommended for the Opposite Field Drill. Tighten the Quick Release Lever to set and secure before use.

Step 2: Take the Proper stance:

1. Rotate your back foot, shoulders, knees and hips.
2. Set up the barrel of the bat at the contact area slightly above the batting tee without extending arms away from the body to stay connected.
3. The hitter may move slightly forward to allow for proper set up.
4. The barrel should be set up so at contact it is behind the hands.
5. Palm up / palm down set up at contact.
6. Head and eyes are focused at the contact area.

Step 3: Ten swings at each height level:

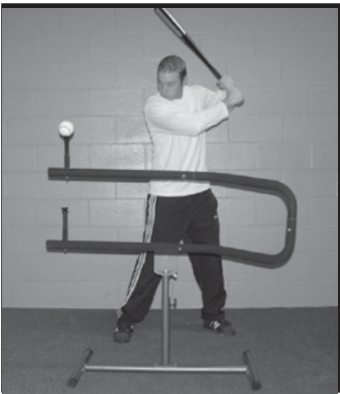
1. Start with the top tee and take ten swings at each of the height levels.
2. All swings should be performed slightly above the batting tee holders.
3. Remember, no balls are to be used on the MUSCLE MEMORY DRILLS



Key Points to Remember:

- * Get into a comfortable stance.
- * Palm up / palm down at contact.
- * Proper rotation with the knees, hips, shoulders all rotating in unison.
- * Stay connected throughout swing.
- * Swing nice and easy!
- * Try not to make contact with the "Good Habit Bars".
- * Always use different height levels for best results.

Contact Drills 1-5



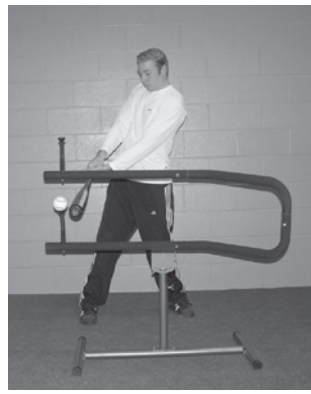
Drills 1 through 3

Follow the same steps as on all three-MUSCLE MEMORY DRILLS, but start using baseballs / softballs on the batting tees. This will allow the hitter to see what type of results each swing now produces. Remember the key points and swing keys, so that you are practicing like the pros.

Step 1: Position the Ultra Instructo Swing Batting Tee at Height Level 1-2.

Step 2: Take the proper stance.

Step 3: Take ten swings at each height level.



Drill 4: Concentration Drill

This drill will help the hitter develop a faster and more efficient swing. The hitter will learn to approach the swing with the body. This will help the hands stay inside the ball, eliminating the problem of casting.

- * The Concentration Drill should only be used in the Straightaway hitting position.
- * The concentration drill is only to be used with the batting tee on the bottom bar. Remove the top tee from the top bar for this drill.
- * Use the height adjustment to set the height of the swing path starting at the knees. Always use four height levels.
- * Use the angle adjustment feature to set the type of swing path angle the hitter wants to develop, then tighten and secure the Quick Release Lever before use.
- * The U-Bar needs to be changed so it faces towards the hitter for the Concentration Drill.
- * Remove the screws on the top pole and switch the U-Bar toward the hitter. Then add the top pole and tighten the screws on the top bar / bottom bare before use.

Step 1: Position the Ultra Instructo Swing Batting Tee at Level Height 1-2.

Step 2: Take the Proper Stance:

1. Rotate your back foot, shoulders and hips.
2. Set up the barrel of the bat at the contact area slightly above the batting tee without extending arms away from the body. The hitter may need to adjust the body forward or backwards to achieve proper stance set up. The barrel should be even with the hands.
3. The hands should be set up at contact in the palm up / palm down position.

Step 3: Take ten swings at each height level:

1. Remember to take the top tee off for this drill.
2. Add the larger height adjustment pole if needed to perform drill correctly.
3. All swings are to be applied with or without a ball on the Concentration Drill.

Key Points to Remember:

- * Get into comfortable stance.
- * Set the U-Bar toward the hitter.
- * Use the larger height adjustment if needed.
- * Always remove the top tee for this drill.
- * Use with or without a ball for this drill.
- * Use for different heights for best results.
- * Try not to make contact with the "GOOD habit bars."

Drill 5: Bat Control Drill

This drill will help the hitter develop bat control when approaching each swing. The Bat Control Drill can be useful in swing development. The top tee should be removed on this drill. Only use the bottom-batting tee located on the bottom bar for the Bat Control Drill

Step 1: Position the Ultra Instructo Swing Batting Tee at Height Level 4:

1. This is the only drill where the Ultra Instructo Swing Batting Tee is at one height level.
2. Use the Height Adjustment to set the height then tighten to secure before use.

Step 2: Take the proper stance.

1. Start by facing the Ultra Instructo Swing Batting Tee, place your back knee on the ground and rest the majority of your weight on your knee.
2. Make sure you are set up so you can make contact without extending arms away from the body.
3. Set the barrel up at contact in the palm up / palm down position.
4. Use the Angle Adjustment feature to set the swing path angle to a level position. Tighten the Quick Release Lever to secure before use.
5. Always make sure that the batting tee is inserted in the correct hole. See How to set up batting tee section.
6. Extend your front leg forward bending the knee at a slight angle.
7. Make sure you are in a comfortable stance before approaching each swing.
8. Add a ball / softball and prepare for training.

Step3: 10-50 swings at the established height level.

Key points to remember:

- * Swing nice and easy!
- * Keep your head still and your eyes focused on the contact area.
- * Rotate the waist and the shoulders to help keep the hands circular when approaching the contact area with each swing.
- * Keep the bat out of palms when gripping the bat. This will help develop proper swing movements throughout the swing.

