



## ASSEMBLY AND CARE INSTRUCTIONS

### BEAM CLAMP

110I

VERSION: 8920035 (Revised 11/17)



### SALES AND SERVICE

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Thank you for purchasing a SPIETH America **110I Beam Clamp** from our line of Gymnastics equipment. We appreciate your business and value you as a customer.

SPIETH America **110I Beam Clamps** are manufactured to fit I-Beams and Open Web Joists. They will fit a 3-7/8" to 13-1/2" beam flange width and up to 3/8" thick beam web.



**Please carefully read the following instructions before assembling and using your new equipment, as they pertain to the particular equipment you have purchased.**



**The exclamation mark symbol when seen in this manual is used to indicate warnings or items that require special attention during the use or assembly of the apparatus.**



**Assembly, set-up and adjustment of this equipment should only be undertaken by qualified persons. At no time should children or other unqualified persons undertake the assembly, set-up, installation or adjustment of this equipment.**



**Total weight on each 110I Beam Clamp (equipment and athlete combined) should not exceed 250lbs (115kg).**



**Visually inspect beam clamp every month to ensure it is properly secured and that it has not suffered any damage from misuse.**

For assembly and set-up instructions, please read and follow all instructions in this manual. Be sure to read and follow all Safety Instructions on the last page of this manual.

#### **Tools Required:**

- Tape measure
- Two (2) Adjustable Wrenches or two (2) 3/4" open end Wrenches
- Pair of Pliers



## 2. SAFETY



Any activity involving motion or height creates the possibility of serious injury including permanent paralysis and even death, from landing or falling on the neck, head, or other parts of the body.

You assume a risk of serious injury in using this equipment. However, this risk can be reduced by strictly following these rules at all times.

1. **Total weight on the 110I Beam Clamps (equipment and athlete combined) must not exceed 250 lbs (115 Kg).**
2. Use this equipment **only** under the supervision of a trained and qualified instructor.
3. This equipment **must be used only when protected by proper matting as recommended by the Federation of International Gymnasts (F.I.G.). If in doubt concerning proper matting, do not use this equipment.**
4. This equipment **must be used with proper spotting equipment and qualified spotters suitable to the activity or skill.** Always consult an instructor.
5. **Know your own limitations and the limitations of this equipment.** Follow progressive learning techniques and always consult an instructor.
6. **Always inspect this equipment for proper stability before each use.**
7. **Always inspect this equipment for loose fittings and parts. Replace any worn, defective or missing parts.**
8. **Always inspect this equipment for improper or unsafe installation. If in doubt, do not use this equipment.**