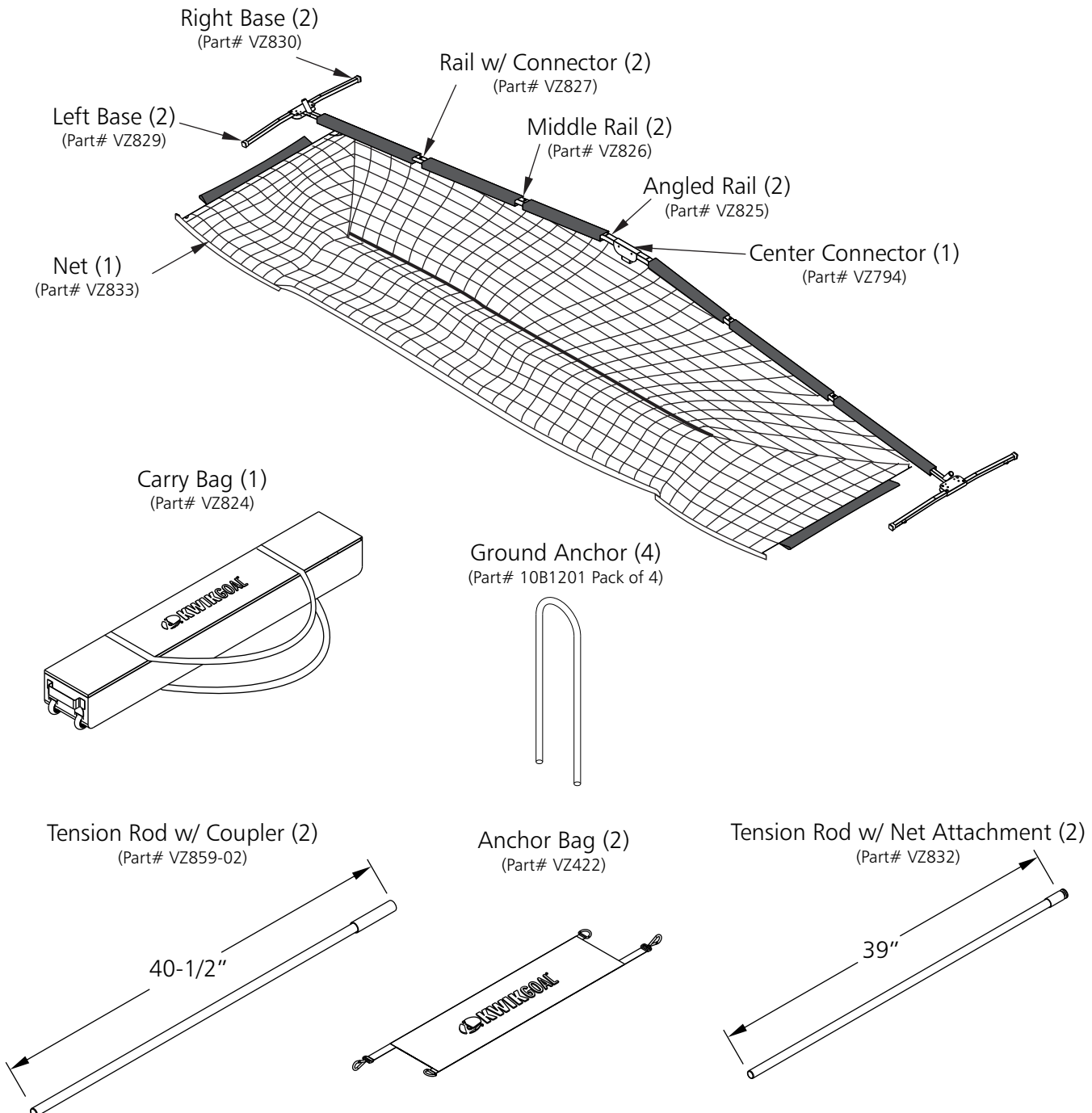




ASSEMBLY INSTRUCTIONS FOR 2B1802 KWIK FLEX® TRAINING FRAME

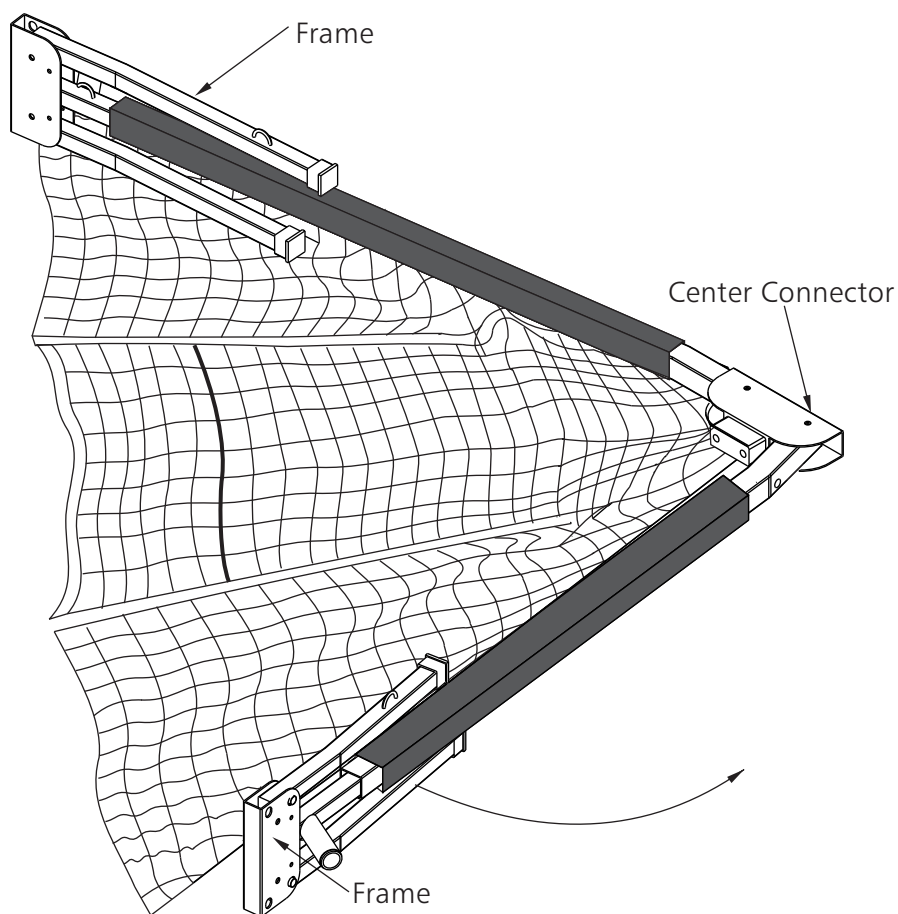
1. Unpack all parts and check for damage that may have occurred during shipping. If damage has occurred, notify Kwik Goal immediately. Lay out all parts. Remove all cardboard and packaging immediately. Wet or damp packaging may damage contents.

Parts

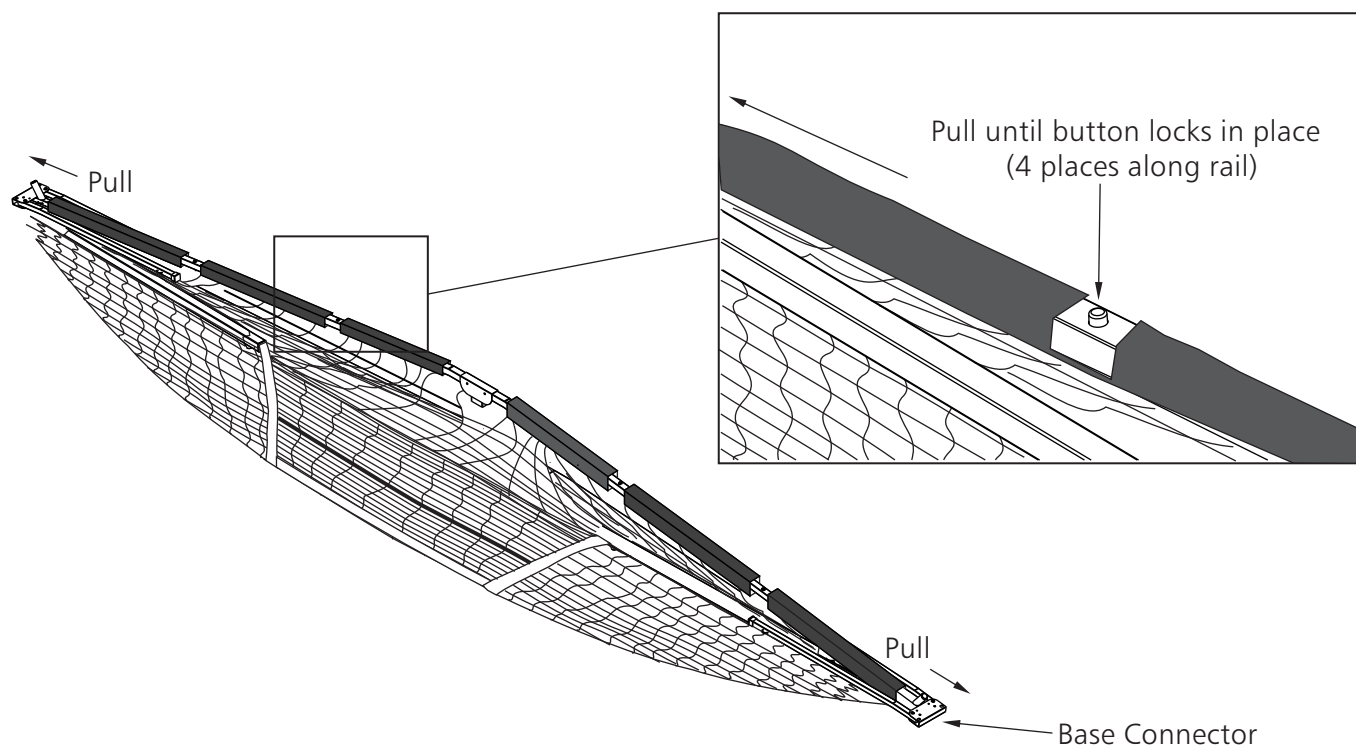


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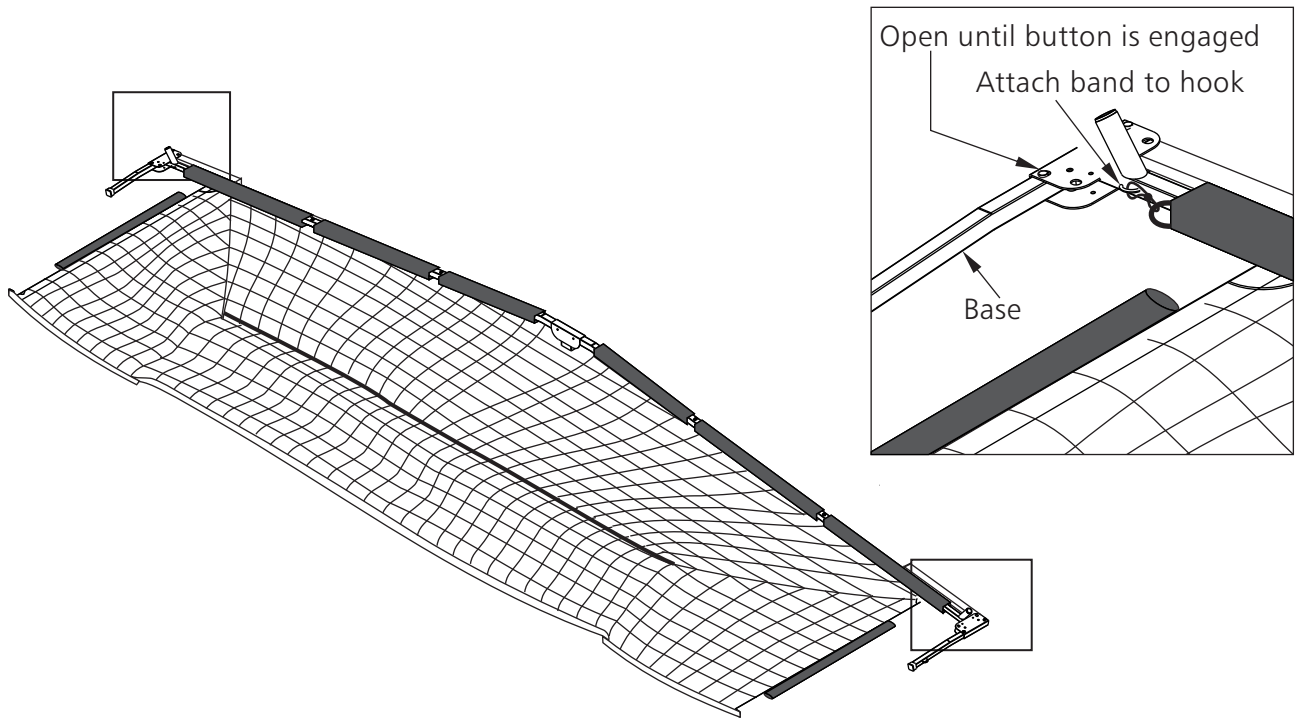
2. Open frame by swinging outward. Use care to keep net from getting pinched in moving parts.



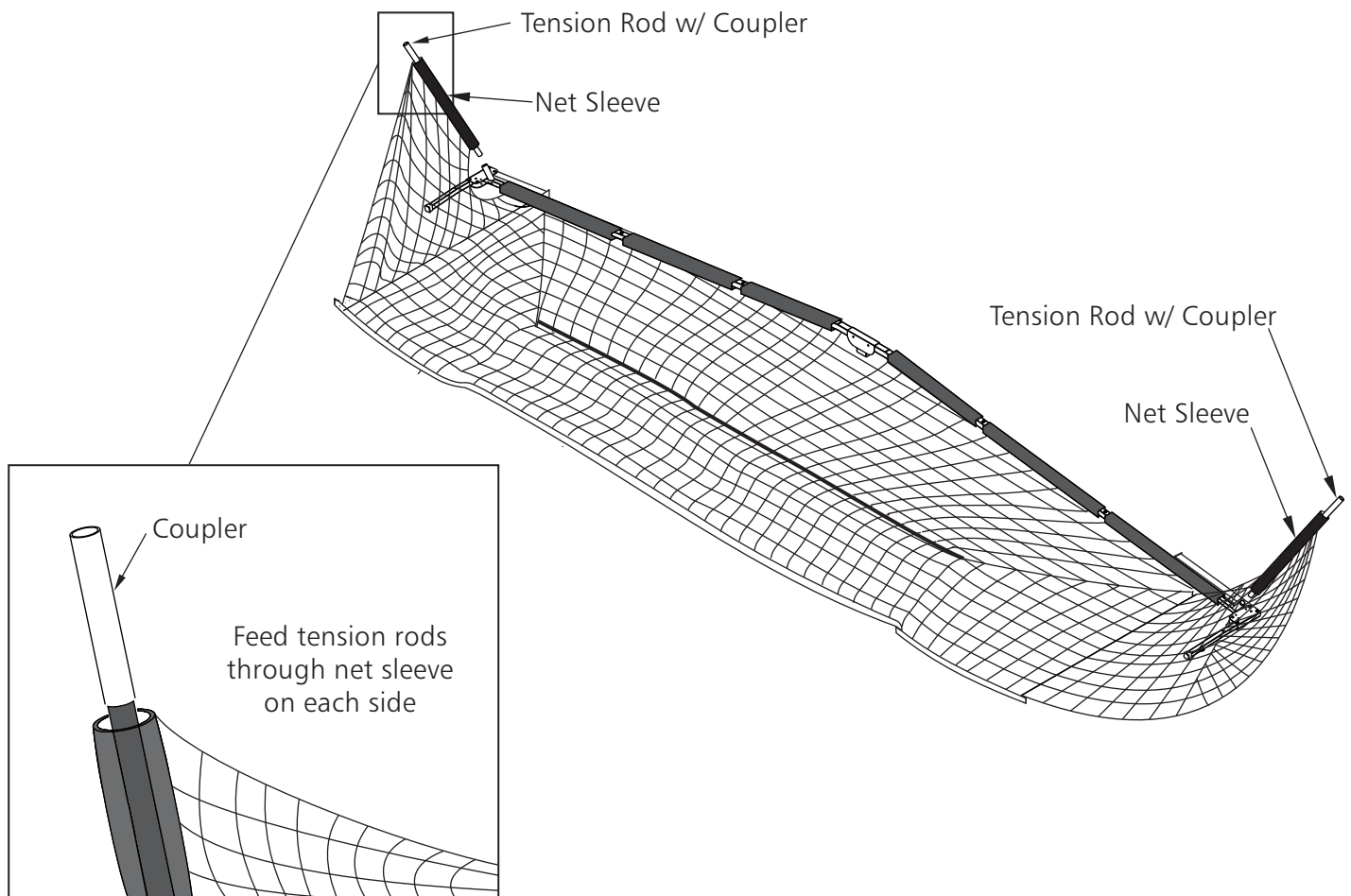
3. Extend rail sections by pulling on each base connector until buttons lock into place. **Do not force parts.** Parts should move freely, if parts do not, look for points where net may be caught on frame.



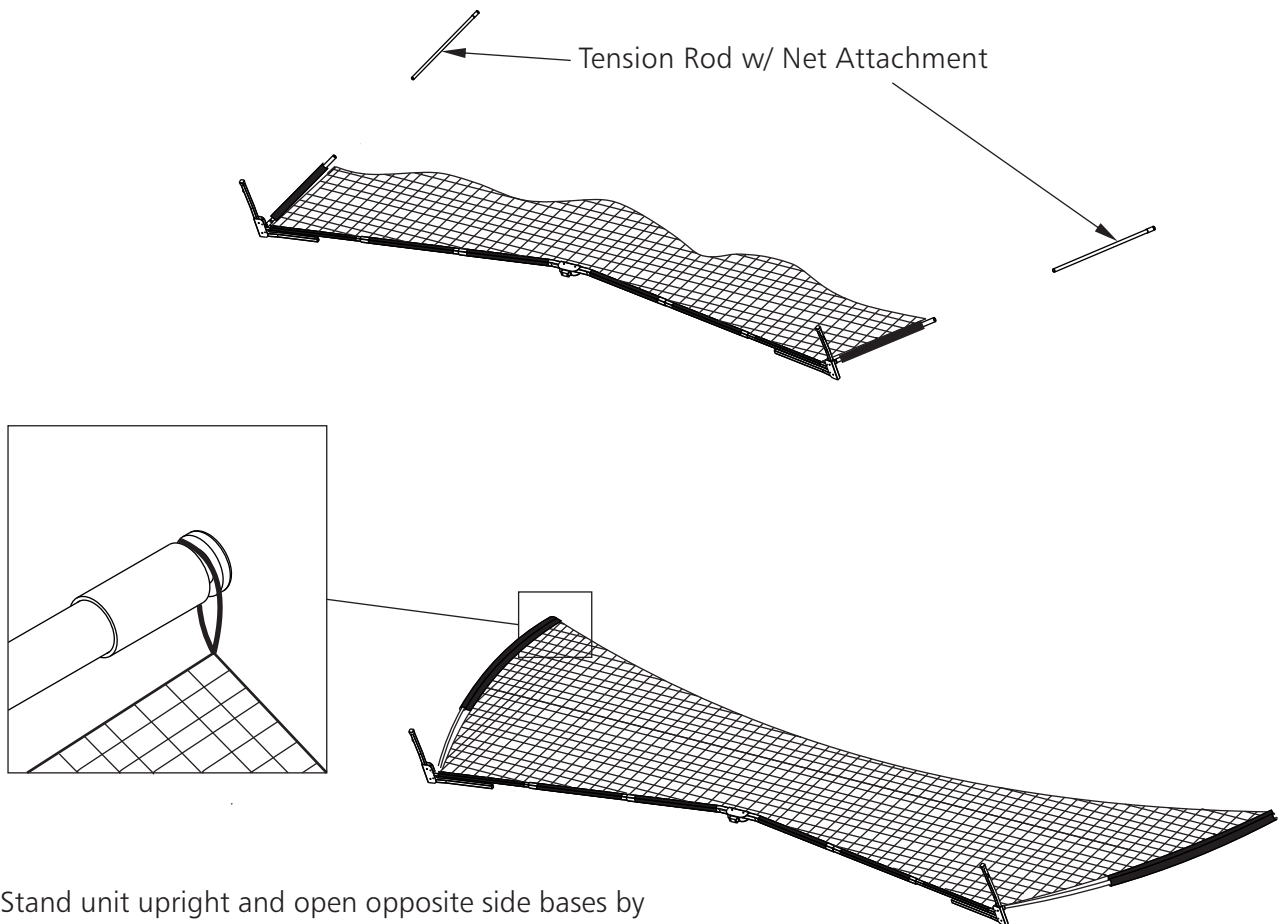
4. Open one side of the bases by swinging outward until buttons lock in place. Pull elastic bands and place loop over metal hook on each side.



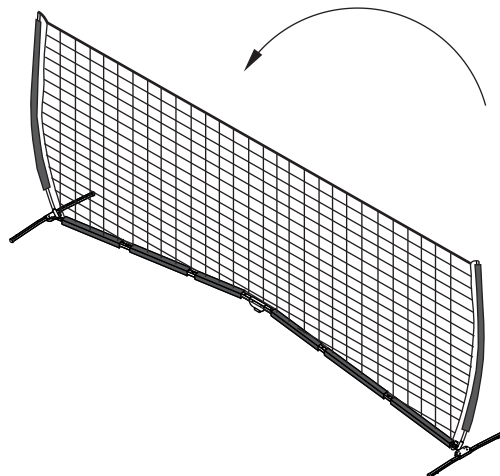
5. Add one tension rod w/coupler to each base through net sleeve on sides of net.



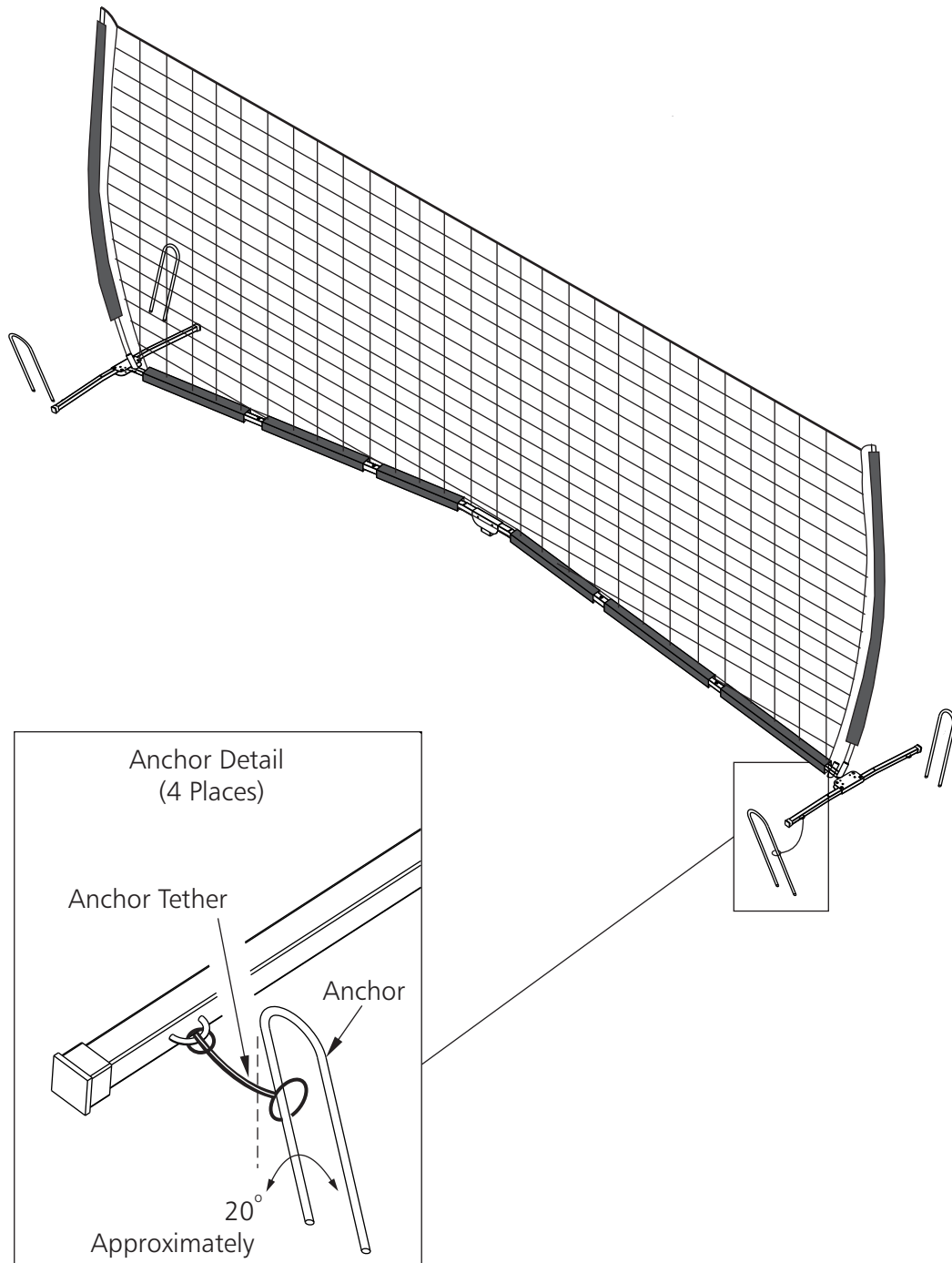
6. Tilt frame towards the unopen bases to add remaining tension rods. Attach net attachment loops to net attachment points on rods.



7. Stand unit upright and open opposite side bases by swinging outward until buttons lock into place.



8. Install ground anchor at each corner. Use rubber mallet to hammer anchors into ground. Angle anchors slightly away from frame to maximize effectiveness.



9. Anchor bags may be used in place of ground anchors. Fill each bag as follows.

9a. Place plastic bladder into anchor bag and fill with 10 lbs. of sand.



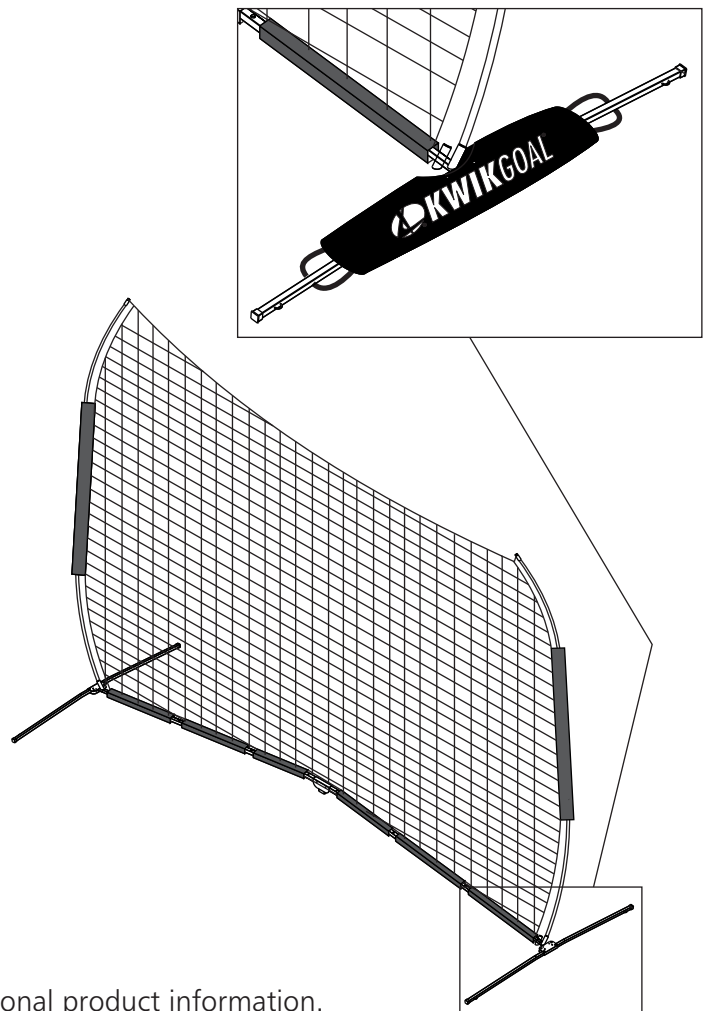
9b. Fold and roll plastic bladder



9c. Install cable tie to seal bladder, push bladder into bag, and zip closed.

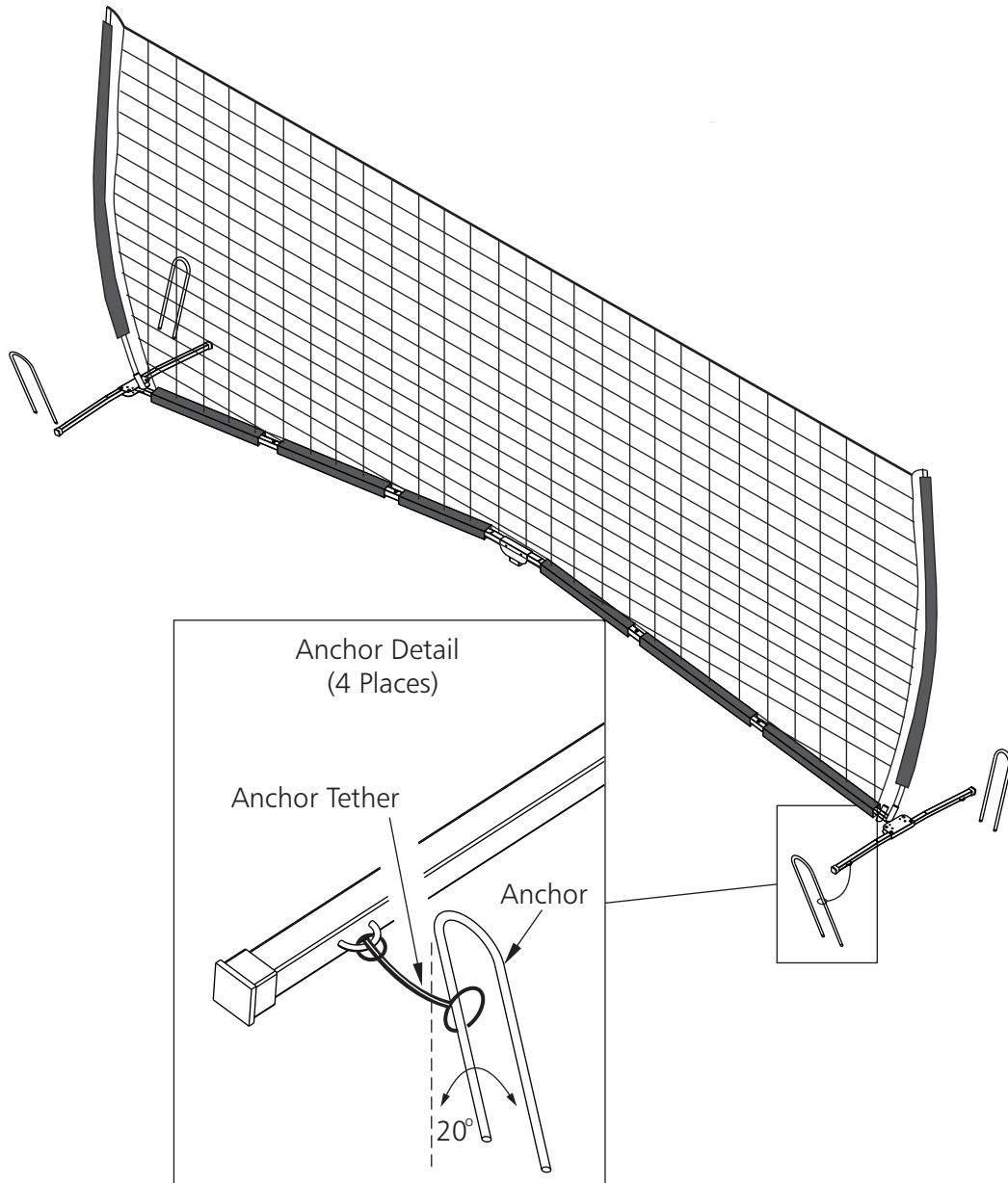


10. Attach one filled sand bag to each end of frame.



Go to kwikgoal.com for additional product information.

8. Install ground anchor at each corner. Use rubber mallet to hammer anchors into ground.



9. Anchor bags can be used in place of ground anchors.



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ANCHOR BAG FILLING INSTRUCTIONS

STEP #1

Slide sealed end of plastic bladder into anchor bag



STEP #2

Fold plastic bladder over end of anchor bag



STEP #3

Pour a maximum of 10 lbs. of sand into bladder



STEP #4

Pull corners at the top of the plastic bladder



STEP #5

Fold each corner into the center



STEP #6

Fold top of the plastic bladder over about 2"



STEP #7

Roll end of plastic bladder and seal end with cable tie. Push sealed plastic bladder into anchor bag and close zipper

