

How To Use: Prep, Apply, Remove & Reuse

4 Steps to ZAP in a Snap

1. PREP

- Keep both sides of the backing on the adhesive.
- Trace and cut a custom shape that's slightly larger than the PolyShield.
- Peel off the backing from the custom-cut adhesive sheet entirely.
- Stick the custom-cut adhesive onto the flat side of the PolyShield.
- Trim any excess adhesive from the edges.
- Peel off the other side of the backing once you're ready to apply to the athlete.

2. APPLY

- **If applying the adhesive directly onto the athlete's skin, we recommend:**
 - Trimming or shaving the hair around the area of application on the body.
 - Sanitizing the area, then applying the PolyShield.
- **If applying the adhesive in conjunction with another product, we recommend:**
 - Option 1: Spraying the area with medical-grade spray adherent, then applying the PolyShield.
 - Option 2: Wrapping the area with athletic tape or self-adherent wrap, then applying the PolyShield.
 - Option 3: Applying the PolyShield directly to the skin following the suggested instructions above, then wrapping athletic tape or self-adherent wrap around the PolyShield.

3. REMOVE

- Gently peel the PolyShield and adhesive away from the skin. Rubbing alcohol or baby oil may help in the removal process.
- Peel the adhesive away from the back of the PolyShield.

4. REUSE

- Thoroughly sanitize the PolyShield once removed from the athlete's body.
- Follow the same, four-step process to reuse the ZAP game after game!