

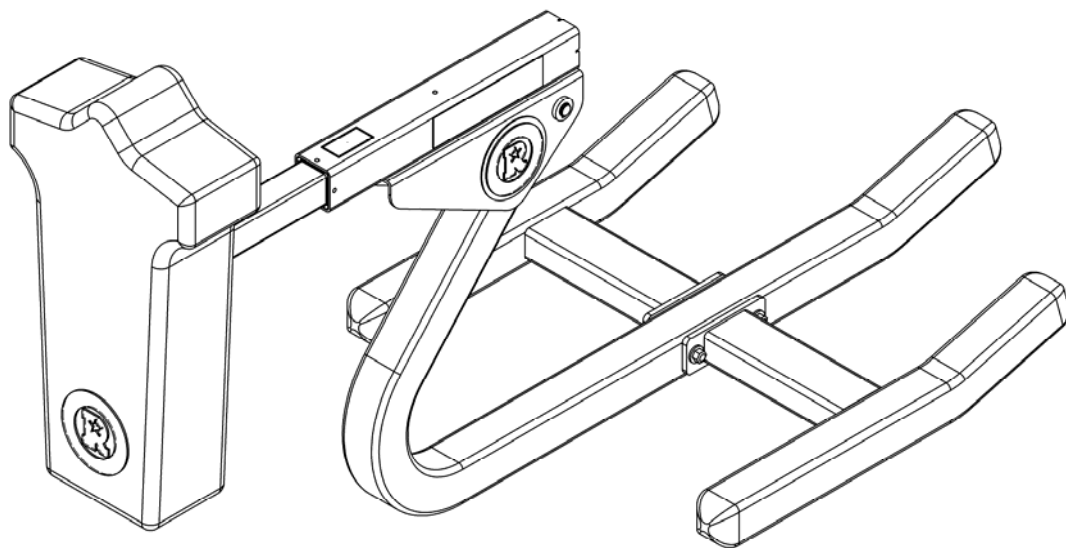


**ROGGIERS**  
For the Perfection of Football Fundamentals™

## PRODUCT INFORMATION PACKET

PRODUCT NAME: ISO SLED

PRODUCT PART NUMBER: 410471 & 410472



**KEEP INFORMATION PACKET FOR FUTURE REFERENCE**

# TABLE OF CONTENTS

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- Introduction.....1
- General Safety Rules.....2
- Symbols.....3
- Technical Specifications.....4
- Assembly Instructions.....5
- Maintenance.....7
- Customer Service Information.....7

## INTRODUCTION

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The Rogers Athletic Iso Sled has been designed and manufactured with safety, performance and dependability as top priorities, making it easy to operate and maintain.

The care you give your Iso Sled will greatly determine your satisfaction with its performance and service life. Careful study of this manual is encouraged to obtain a thorough understanding of your new Iso Sled and its functions and maintenance.

If your manual becomes lost or destroyed, Rogers Athletic will gladly provide you with a new copy. Should you require additional information or assistance, please feel free to contact us at 1-800-457-5337.

BECAUSE ROGERS ATHLETIC MAINTAINS AN ONGOING PROGRAM OF  
PRODUCT DEVELOPMENT AND IMPROVEMENT, WE RESERVE THE RIGHT  
TO MAKE IMPROVEMENTS IN DESIGN OR CHANGES IN SPECIFICATIONS  
WITHOUT INCURRING ANY OBLIGATIONS TO INSTALL THEM ON UNITS  
PREVIOUSLY SOLD.

# GENERAL SAFETY RULES

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## **WARNING!**

### **READ AND UNDERSTAND ALL INSTRUCTIONS.**

Failure to follow all instructions listed below may result in serious personal injury





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## **SAVE THESE INSTRUCTIONS**

- **Read the Product Information Packet.** Failure to read the information packet is considered a misuse of this equipment.
- **Inspect equipment prior to use. DO NOT use if it appears damaged or inoperable.**
- **Obtain a medical exam prior to beginning any new physical activity.** Use equipment only if properly fit to engage in physical activity.
- **Stop physical activity if you feel faint, dizzy, or experience pain at any time and consult your physician.**
- **Use field equipment in a supervised environment.**
- **Keep body and clothing clear of all moving parts.**
- **Stay clear of all pinch points.**
- **Become familiar with all caution and warning decals affixed to the field equipment before use.**
- **Never cover or deface caution/warning labels.**
- **Remove pads after use. Store pads in dry safe place.**
- **Save these instructions.** Refer to them frequently and use them to instruct others who may use the Iso Sled. If you loan someone your Iso Sled, loan them these instructions also.
- **Always wear a helmet when using the Iso Sled.**

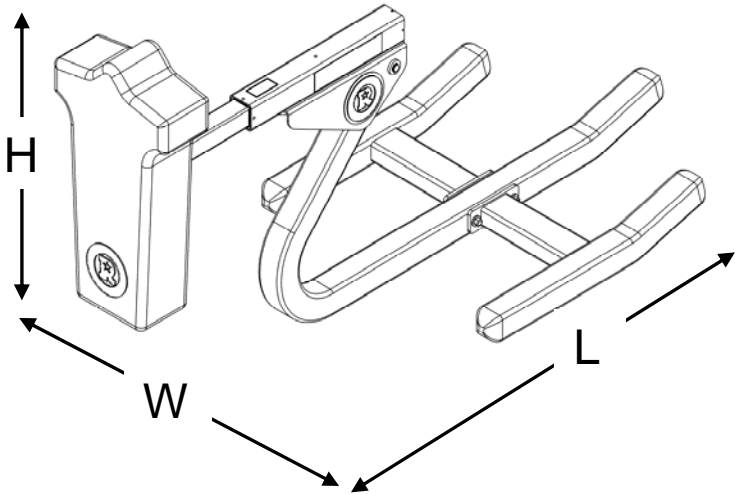
# SYMBOLS

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	<p><b>Safety Alert:</b> Precautions that involve your safety.</p>
 <div data-bbox="391 688 613 888" style="border: 1px solid black; padding: 5px;"> <p><b>⚠ WARNING</b></p> <p><b>Pinch Point.</b> Keep hands and fingers clear.</p> </div>	<p><b>Pinch Point Symbol:</b> Failure to keep hands away from pinch points may result in personal injury.</p>
 <div data-bbox="391 951 613 1150" style="border: 1px solid black; padding: 5px;"> <p><b>⚠ WARNING</b></p> <p>Read and understand operator's manual and all other safety instructions before using this equipment.</p> </div>	<p><b>Read the Operator's Manual:</b> To reduce risk of injury, user must read and understand operator's manual before using this product.</p>
 <div data-bbox="391 1213 613 1413" style="border: 1px solid black; padding: 5px;"> <p><b>⚠ WARNING</b></p> <p>Avoid Injury. Do not climb.</p> </div>	<p><b>Do Not Climb Warning Label:</b> To reduce risk of injury, do not climb on field equipment.</p>

# ROGERS ATHLETIC ISO SLED™ SPECIFICATIONS

## ISO SLED (PART # 410471 & 410472)



### Weight & Width:

1-Man Iso Sled 335 lbs and 44" W

2-Man Iso Sled 509 lbs and 61 11/32" W without pads; with Shock pad 74 7/32"; with Surge 86 3/16"

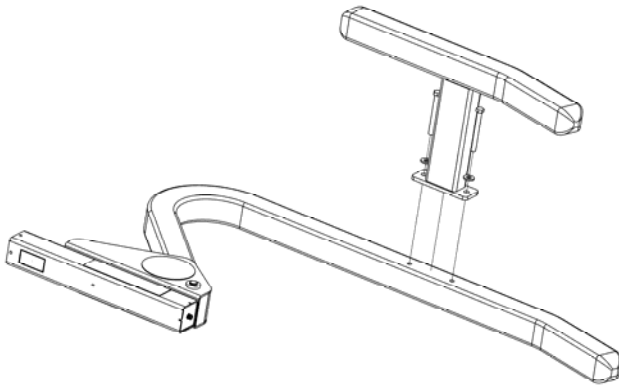
Height: 40" without pad, with pads 59"

Length: 93 5/8" without pad, with pads 102"

- For linebackers, defensive backs and other defensive players that have to defeat blocks at a different angle than down linemen.
- The Iso Sled has the Lev Sled head but it is parallel to the ground providing a better angle for defensive players.
- Unique release mechanism allows pad to be raised only after the ram has been compressed at least five inches, helping develop proper drive technique.
- Choose from Surge or Shock Pad.
- Comes in 1- or 2-man sled.

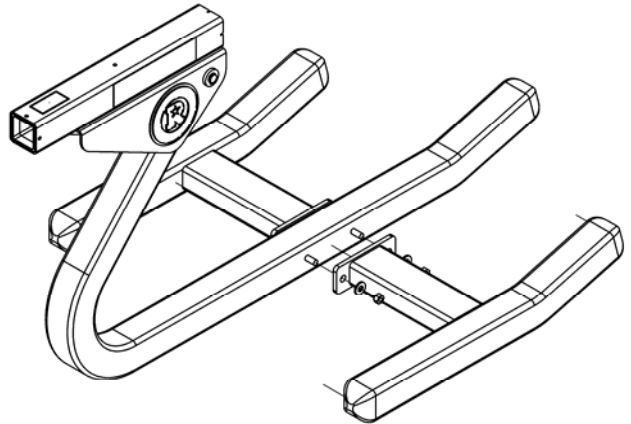
### Iso Sled Construction, Finish, and Hardware

- Constructed of ASTM specified steel.
- Baked-on powder coat finish.
- Pads covered with durable weather-resistant vinyl.
- Zinc-plated hardware.

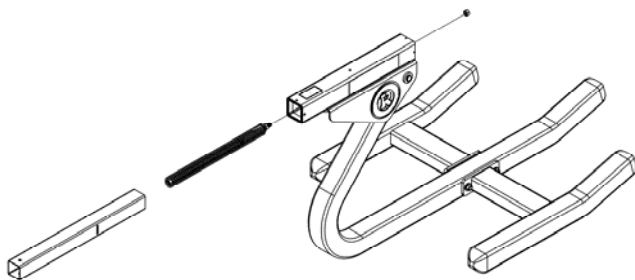
**1**

**Note: For 2 man Iso Sled setups skip to step 5.**

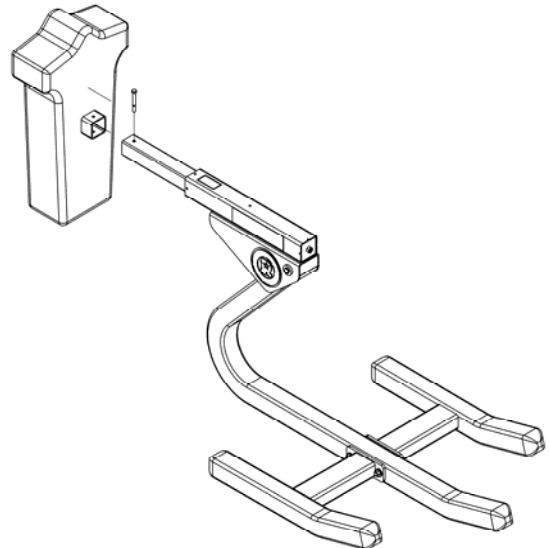
Lay Iso Runner Sub Assembly on its side. Line up holes from the Iso Outrigger with holes on the runner and use (2) 5/8" x 6" bolts and (2) 5/8" washers to hold it in place. Then flip runner right side up so outrigger lays on the ground. Push bolts the rest of the way through.

**2**

Fit second outrigger over the bolts and secure with (2) more 5/8" washers and (2) 5/8" nuts.

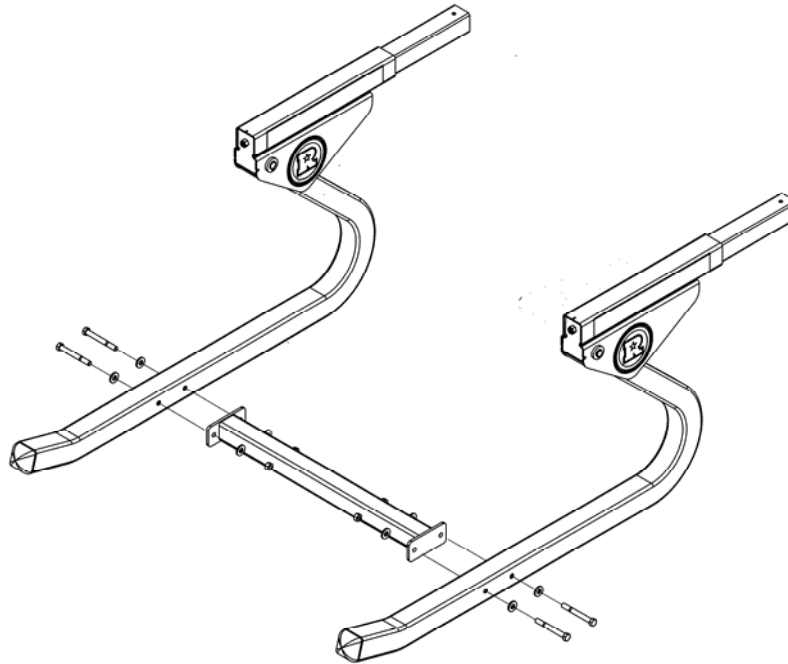
**3**

The Lev Ram Unit comes with (3) nuts on the threaded rod at the end of the spring. Remove (2) to use later. Install the Lev Ram Unit by inserting it spring side first into the Lev Head Unit. The threaded rod on the end of the spring fits through a hole at the back of the head unit. Use the (2) nuts you removed earlier to secure the ram in place.

**4**

Attach the Surge or Shock pad to the ram unit by sliding pad over ram and inserting fas-pin.

5



**For 2 man sleds:** Lay Iso Runner Sub Assembly on its side. Connect the runner to the connection link and then stand runner upright to connect the next sled runner. See steps 3 & 4 for ram unit and pad installation. Hardware used for the Connection Links is (4) 5/8" x 6" bolts, (4) 5/8" nuts, and (8) 5/8" washers per Iso Runner Sub Assembly.

## MAINTENANCE

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### **WARNING!**

### **READ AND UNDERSTAND ALL MAINTENANCE PROCEDURES.**

Failure to follow all procedures listed below may cause serious injury and/or a decrease in equipment functionality.

- Frequently check to see that all bolts are securely fastened.
- Touch up paint may be used to cover scratches or blemishes sustained through use.
- Field equipment should be washed periodically with soapy water to maintain original surface finish.
- A silicone based lubricant may be used on moving parts to maintain proper function.
- Replace any damaged equipment with genuine Rogers Athletic parts. Failure to do so may result in unsafe equipment and/or personal injury.

# CUSTOMER SERVICE

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For parts or service contact Rogers Athletic Company. When ordering parts be sure to provide all relevant information available including the name and part number of the equipment purchased. This information is located on the cover of this product information package. Customer service hours are Monday through Friday from 8:00 a.m. to 5:00 p.m. Eastern Standard Time. Customers can phone (989) 386-2950 or toll free at (800) 457-5337. Fax toll free at (888) 549-9659 or mail to:

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