

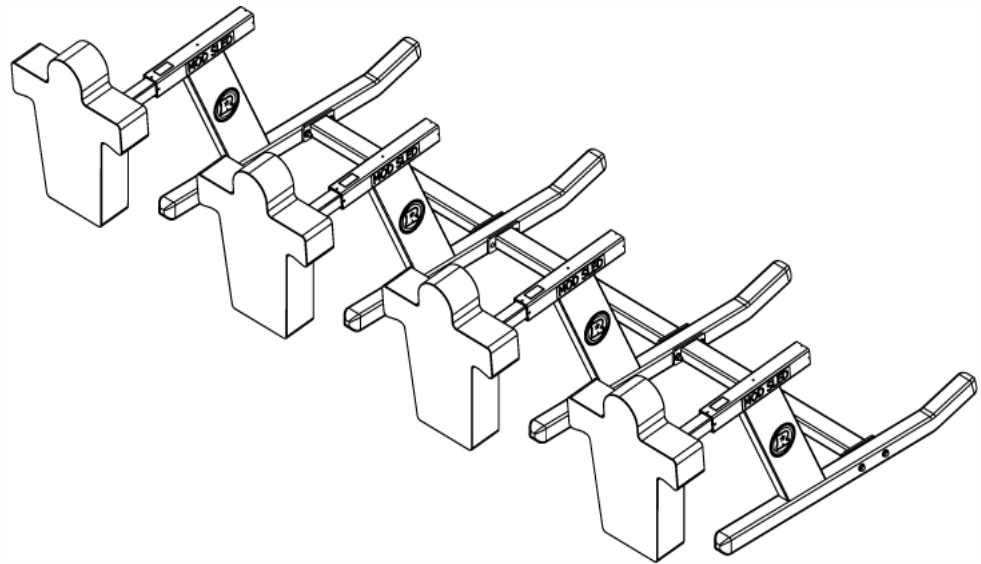


**ROGGEERS**  
For the Perfection of Football Fundamentals™

## PRODUCT INFORMATION PACKET

PRODUCT NAME: MOD SLED, JV, & YOUTH MOD

PRODUCT PART NUMBER: 411301 - 411307



**KEEP INFORMATION PACKET FOR FUTURE REFERENCE**

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## INTRODUCTION

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The Rogers Athletic Mod Sled has been designed and manufactured with safety, performance and dependability as top priorities, making it easy to operate and maintain.

The care you give your Mod Sled will greatly determine your satisfaction with its performance and service life. Careful study of this manual is encouraged to obtain a thorough understanding of your new Mod Sled and its functions and maintenance.

If your manual becomes lost or destroyed, Rogers Athletic will gladly provide you with a new copy. Should you require additional information or assistance, please feel free to contact us at 1-800-457-5337.

BECAUSE ROGERS ATHLETIC MAINTAINS AN ONGOING PROGRAM OF  
PRODUCT DEVELOPMENT AND IMPROVEMENT, WE RESERVE THE RIGHT  
TO MAKE IMPROVEMENTS IN DESIGN OR CHANGES IN SPECIFICATIONS  
WITHOUT INCURRING ANY OBLIGATIONS TO INSTALL THEM ON UNITS  
PREVIOUSLY SOLD.

# GENERAL SAFETY RULES

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## **WARNING!**

### **READ AND UNDERSTAND ALL INSTRUCTIONS.**





Failure to follow all instructions listed below may result in serious personal injury.

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## **SAVE THESE INSTRUCTIONS**

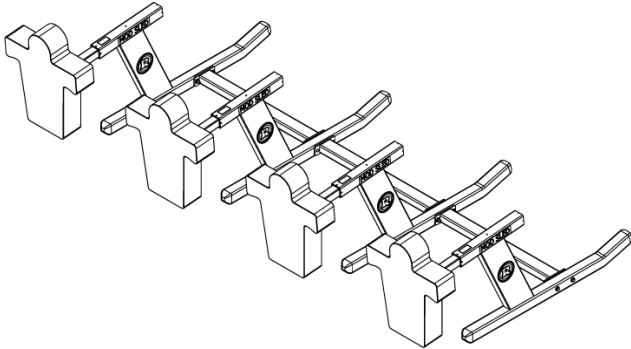
- **Read the Product Information Packet.** Failure to read the information packet is considered a misuse of this equipment.
- **Inspect equipment prior to use. DO NOT use if it appears damaged or inoperable.**
- **Obtain a medical exam prior to beginning any new physical activity.** Use equipment only if properly fit to engage in physical activity.
- **Stop physical activity if you feel faint, dizzy, or experience pain at any time and consult your physician.**
- **Use field equipment in a supervised environment.**
- **Keep body and clothing clear of all moving parts.**
- **Stay clear of all pinch points**
- **Become familiar with all caution and warning decals affixed to the field equipment before use.**
- **Never cover or deface caution/warning labels.**
- **Save these instructions.** Refer to them frequently and use them to instruct others who may use the Mod Sled. If you loan someone your Mod Sled, loan them these instructions also.

# SYMBOLS

	<p><b>Safety Alert:</b> Precautions that involve your safety.</p>
 <div data-bbox="391 499 613 695" style="border: 1px solid black; padding: 5px;"> <p><b>⚠ WARNING</b></p> <p><b>Pinch Point.</b> Keep hands and fingers clear.</p> </div>	<p><b>Pinch Point Symbol:</b> Failure to keep hands away from pinch points may result in personal injury.</p>
 <div data-bbox="391 762 613 957" style="border: 1px solid black; padding: 5px;"> <p><b>⚠ WARNING</b></p> <p>Read and understand operator's manual and all other safety instructions before using this equipment.</p> </div>	<p><b>Read the Operator's Manual:</b> To reduce risk of injury, user must read and understand operator's manual before using this product.</p>
 <div data-bbox="391 1024 613 1220" style="border: 1px solid black; padding: 5px;"> <p><b>⚠ WARNING</b></p> <p>Avoid Injury. Do not climb.</p> </div>	<p><b>Do Not Climb Warning Label:</b> To reduce risk of injury, do not climb on field equipment.</p>

# ROGERS ATHLETIC MOD SLED SPECIFICATIONS

## MOD SLED (PART # 411301 – 411307)



### Weight (w/o pads) & Width:

1 man - 295 lbs (134 kg); Width 44" (112 cm)

2 man = 415 lbs (189 kg); W. 60" (152 cm)

3-7 man = + 215 lbs (98 kg) each; W. + 54" (137 cm) each

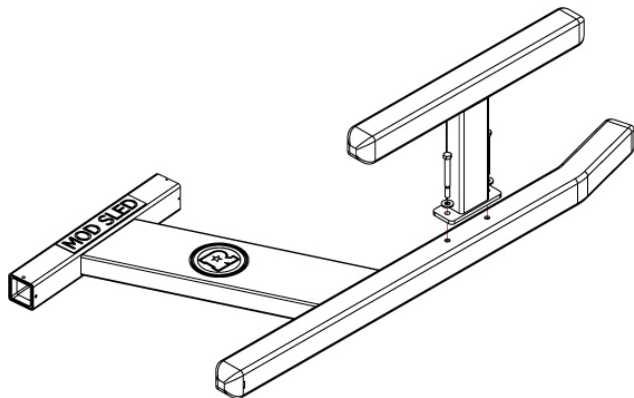
Height: 36" (91 cm) without pad

Depth: 90" (228 cm) without pad

- Modular design allows easy upgrading by adding links and runners to your current Mod Sled setup.
- Heavy weight increases realism of blocking drills.
- Energy-absorbing material responds to individual effort developing good foot base a must in order to compress the unique spring mechanism and drive the sled.
- Ground-hugging framework allows players to run through on defensive drills.
- Develops good technique for both offensive and defensive players.
- Several different types of pads are adaptable to the Mod Sled. Pads attach with a single pin so pad won't rise or twist when hit.
- Mod Sled optional accessories are Pivoting Pad Adapter, Coach's Platform, and Mod Sled Wheel Kit.
  - Pivoting Pad Adapter allows the pad to rotate horizontally providing a more realistic situation for practice.
  - The mod Sled Wheel Kit is for moving the Mod Sled more easily or for storage.
  - The Coach's Platform allows the coach to watch the force and technique of each player as they use the Mod Sled. It also adds weight to increase leg drive difficulty.
- End Caps welded -not riveted- on so they can't fall off and prevent water damage.
- Flat runners minimize grass and artificial turf wear.

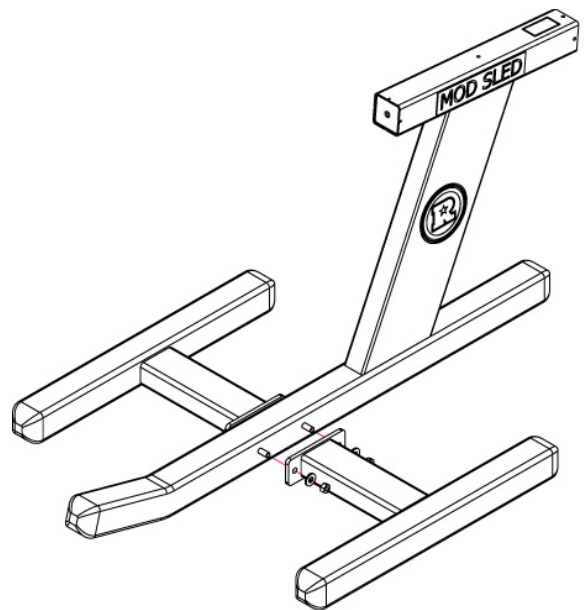
### **Mod Sled Construction, Finish, and Hardware**

- Constructed of ASTM specified steel.
- Baked-on powder coat finish.
- Pads covered with durable weather-resistant vinyl.
- Zinc-plated hardware.

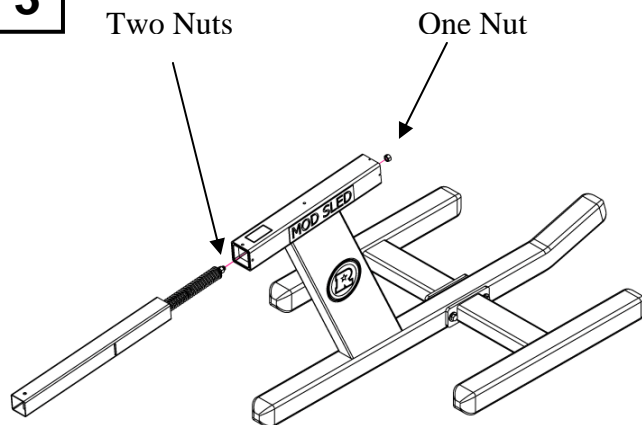
**1**

**Note:**  
**For 2 – 7 man Mod Sled setups skip steps 1 & 2**

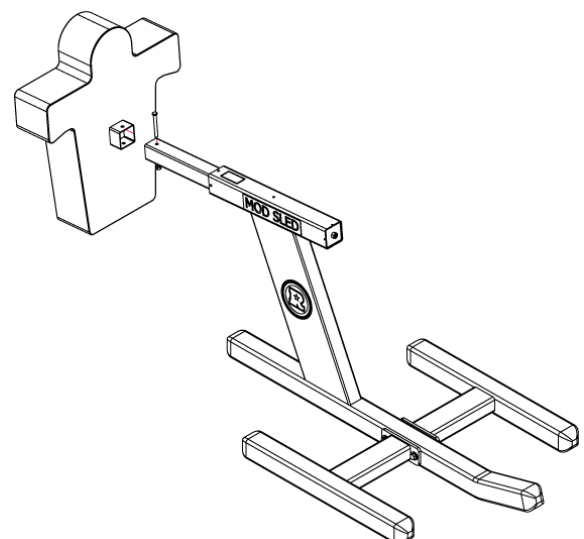
Lay Mod Sled Runner on its side. Line up holes from the Outrigger with holes on the runner and use (2) 5/8" x 6" bolts and (2) 5/8" washers to hold it in place. Then flip runner right side up so outrigger also lays on the ground. Push bolts the rest of the way through.

**2**

Fit second outrigger over the bolts and secure with (2) more 5/8" washers and (2) 5/8" nuts.

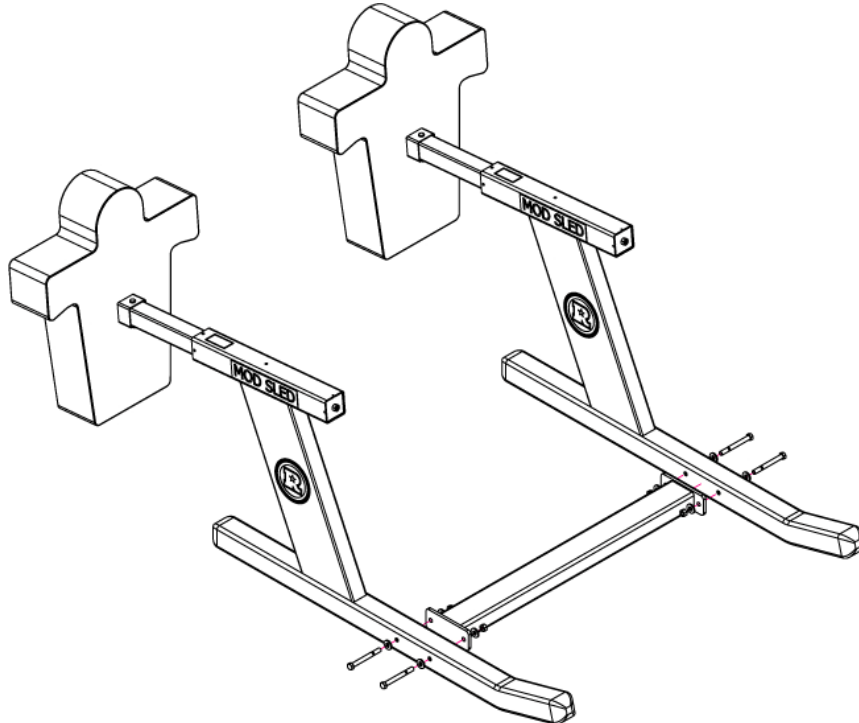
**3**

The Mod Ram Unit comes with (3) nuts on the threaded rod at the end of the spring. Remove (2) nuts to use later. Install the Mod Ram Unit by inserting it spring side first into the Ram Outer Tube. The threaded rod on the end of the spring fits through a hole at the back of the head unit. A screwdriver can be used to guide the threaded rod through the hole. Use the nuts you removed earlier to secure the

**4**

Use a fas-pin to fasten pad to the ram unit.

5



**For 2-7 man Lev Sleds:** See steps 3 & 4 for Ram Unit and Pad installation. To begin assembly lay Mod Sled runner on its side. Connect the runner to the connection link and then stand runner upright to connect the next sled runner. Hardware used for the Connection Links is (4) 5/8" x 6" bolts, (4) 5/8" nuts, and (8) 5/8" washers per Mod Sled Runner.

## CUSTOMER SERVICE

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For parts or service contact Rogers Athletic Company. When ordering parts be sure to provide all relevant information available including the name and part number of the equipment purchased. This information is located on the cover of this product information package. Customer service hours are Monday through Friday from 8:00 a.m. to 5:00 p.m. Eastern Standard Time. Customers can phone (989) 386-2950 or toll free at (800) 457-5337. Fax toll free at (888) 549-9659 or mail to:

Rogers Athletic Company  
3760 W. Ludington Drive  
Farwell, MI 48622

# MAINTENANCE

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## **WARNING!**

### **READ AND UNDERSTAND ALL MAINTENANCE PROCEDURES.**

Failure to follow all procedures listed below may cause serious injury and/or a decrease in equipment functionality.

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- **Frequently check to see that all bolts are securely fastened.**
- **Touch up paint may be used to cover scratches or blemishes sustained through use.**
- **Field equipment should be washed periodically with soapy water to maintain original surface finish.**
- **A silicone based lubricant may be used on moving parts to maintain proper function.**
- **Replace any damaged equipment with genuine Rogers Athletic parts.** Failure to do so may result in unsafe equipment and/or personal injury.
- **Remove pads when not in use.** Store pads in safe dry place.

Rogers Athletic Company  
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